

Breastfeeding

Center

of Pittsburgh

Postpartum Mood Disorder Resources

Support Groups

New Mom's Coffee @ Kids Plus Pediatrics (Support Group)

Sq. Hill/Greenfield
4070 Beechwood Blvd
Pittsburgh, PA 15217
412.521.6511

Pleasant Hills
810 Clairton Blvd
Pleasant Hill, PA 15236
412.466.5004

Cranberry/Seven Fields
671 Castle Creek Road
Seven Fields, PA 16046
724.761.2020

www.kidspluspgh.com/classes/new-moms-coffee

Out of the Blue @ Shining Light Prenatal (Support Group)

412.915.6167 | www.shininglightprenatal.com/community

St. Clair Hospital Baby Steps Program (Postpartum Depression Support Group)

412.942.5882 | www.stclair.org/192/services

Mental Health Services

Allegheny Health Network Women's Behavioral Health

412.578.4030 | <https://www.ahn.org/specialties/womens-health/womens-behavioral-health>

Magee Women's Behavioral Health Services @ Bellfield

412.641.1238 | www.upmc.com/locations/hospitals/magee/services/behavioral-health-services

Counselors

Dr. Sarah Brunner
412.246.5268

Jodie Hnatkovich, MS, LPC, CRC
412.605.4211 | jodiehnatkovich.com

Luisa Bonavita, MSW, LCSW
412.417.9163

Sprout Center for Emotional Growth
www.sproutcenterconsult.com

Dinnie Goldring, MSW
412.913.1977

Harmony Sullivan, PsyD
412.596.6432

Kathy McGrath, MSW, LCCE, CD, BDT (DONA)
412.833.8116 | www.birthpartnersinc.com

Hotlines & Web Sites

UPMC Resolve 24-Hour Crisis Network
888.796.8226

PPD Moms Hotline
800.PPD.MOMS | 1800ppdmoms.org

Postpartum Progress
www.postpartumprogress.com